

## HYSAN Island Hike and Run 2022 (22km Solo Men & Women)

### Nov 13, 2022

#### Overall Top 5 Men

| Rankings |          |     |            |           |           |             |                | Timing    |
|----------|----------|-----|------------|-----------|-----------|-------------|----------------|-----------|
| Overall  | Category | BIB | First Name | Last Name | Category  | Nationality | Team / Sponsor | Race Time |
| 1        | 1        | 246 | Lok Yin 樂賢 | Lo 羅      | Men 18-39 | HKSAR       | -              | 02:15:03  |
| 2        | 1        | 252 | Mat        | Leng      | Men 40-49 | Cambodia    | -              | 02:21:25  |
| 3        | 2        | 178 | Alan       | Zagury    | Men 40-49 | France      | -              | 02:22:33  |
| 4        | 3        | 230 | Limbu      | Yamanath  | Men 40-49 | Nepal       | -              | 02:22:45  |
| 5        | 2        | 216 | Labin      | Gurung    | Men 18-39 | Nepal       | Run Nepal HK   | 02:25:56  |

#### Overall Top 5 Women

| Rankings |          |     |            |             |             |             |                | Timing    |
|----------|----------|-----|------------|-------------|-------------|-------------|----------------|-----------|
| Overall  | Category | BIB | First Name | Last Name   | Category    | Nationality | Team / Sponsor | Race Time |
| 14       | 1        | 204 | Mei yan 美欣 | Wong 黃      | Women 18-39 | HKSAR       | 0              | 02:40:25  |
| 31       | 1        | 196 | Sian       | O' Connor   | Women 40-49 | Ireland     | 0              | 03:09:55  |
| 44       | 2        | 235 | Delphine   | Riche-Franz | Women 40-49 | France      | 0              | 03:27:32  |
| 50       | 2        | 184 | Sabrina    | Lau         | Women 18-39 | HKSAR       | 0              | 03:33:14  |
| 62       | 3        | 173 | Donna 單    | Jiang 蔣     | Women 18-39 | HKSAR       | 0              | 03:53:39  |